

**If you, or anyone you know, wants advice or more information, please contact us for help.**

**You should not:**

* **Work excessive hours**
* **Feel threatened**
* **Pay a fee to get a job**

**You can:**

* **Keep your passport**
* **Choose where you stay**
* **Change your job**
* **Join a union**

**Everyone has rights**

**National helplines**

Download the Unseen App for information on recognising the signs of and reporting modern slavery 

Modern slavery helpline: **0800 0121 700** (24 hours)

Gangmasters and Labour Abuse Authority: **0800 432 0804** (Monday to Friday 9:00 – 17:00)

**Contact us in confidence**

[Insert Company name/team]

Whistle blowing helpline: [Insert number 01234 567890]



‘Working with construction’

**Are you alright?**