

# KNOW YOUR RIGHTS

## Your rights as a worker are protected by UK law

You are entitled to:

- be paid the National Minimum Wage and receive an itemised payslip
- rest breaks and time off work
- paid holiday and sick pay
- fair and legal deductions from your wages
- a copy of your terms and conditions
- a safe working environment

If you are not receiving the pay and conditions you should be, please contact us

Call our free, confidential reporting line: **0800 432 0804**

email: [contact@gla.gov.uk](mailto:contact@gla.gov.uk)



Gangmasters &  
Labour Abuse Authority

Find out more about  
**your rights** at  
[www.gla.gov.uk](http://www.gla.gov.uk)

